



In memory of SPC Robert Friese  
And all who have given the  
ultimate sacrifice

# 11<sup>th</sup> Annual Freedom 5k Walk/Run

This race will be Virtual and In Person

## Saturday April 30<sup>th</sup>, 2022

### In Person Race Starts at 10:00am

(Virtual Racers-times must be in by April 30<sup>th</sup> 2022 10:30am)

Veterans Freedom Park, 200 W. Main St, Harrison Michigan 48625

This will be an official timed 3.1 mile run held in honor of all who have fallen.

**\$30.00 per Registrant until April 11<sup>th</sup>, 2022/ T-shirt included**

**After April 11<sup>th</sup>, 2022 the fee is \$35.00 per Registrant with no guaranteed T-shirt.**

Packet pick up will be available on Friday April 29<sup>th</sup>, 5:00pm to 6:00pm and on Saturday April 30<sup>th</sup>, 8:30am-9:30am.

For mail in entry forms and payments send to  
Veterans Freedom Park, P. O. Box 483, Harrison, MI 48625  
Checks should be made out to Veterans Freedom Park.

**(Please do not mail entries after April 15<sup>th</sup>, 2022)**

**Preferred method is online at <http://www.veteransfreedompark.com>**

RUNNER \_\_\_\_\_ WALKER \_\_\_\_\_ **(one must be checked)**

### AWARDS

Dog Tags will be given at the race. Must be present for race awards.

Walkers will not be officially timed.

Time results after the race will be posted at [www.veteransfreedompark.com](http://www.veteransfreedompark.com)

Questions-  
[vet.free.park@gmail.com](mailto:vet.free.park@gmail.com)

All Proceeds will go to Veterans Freedom Park

Email \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE ON RACE DAY (4/30/2022) \_\_\_\_\_ Gender \_\_\_\_\_

(ADULT T-SHIRT SIZES) 1/T-Shirt is included in the registration fee  
Please circle size S M L XL \*2XL \*3XL (\*\$5.00 up charge for sizes 2XL and 3XL)

(Youth T-SHIRT SIZES) 1/ T-Shirt is included in the registration fee  
Please circle size S M L

Sweatshirts will be available online to purchase in the Race Website Store

**ALL PARTICIPANTS must sign the waiver on the back of this form**

Amount Enclosed \$ \_\_\_\_\_



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This Event Endorsed by



## PURE MICHIGAN<sup>®</sup>

### FITness Series

**Waiver:** I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants or spectators or animals, the effects of the weather, traffic, conditions of the race course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of this entry being accepted, I, for myself and anyone entitled to act on my behalf, waive and release the sponsors, supporters, officials, the race directors and volunteers, Harrison Community Schools, and the Veterans Freedom Park from all claims or liabilities of any kind that may arise on the part of the persons named in this waiver. I agree that my photo may be taken and used without my consent and without compensation.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature if under 18: \_\_\_\_\_ Date \_\_\_\_\_

#### Veterans Freedom Park Mission Statement

The mission of the Veterans Freedom Park is to provide a peaceful, serene setting in which people will be able to learn, reflect, remember and honor all veterans. Our goal is to educate the public of past and present wars and conflicts in which the United States participated, and allow space for future conflicts. It memorializes veterans of Central Michigan who gave their lives in the line of duty.